



Writing Retreat presented by Dorothy Henderson

Why go on a writing retreat?

- to escape distractions
- to focus on your work
- to share your work with others and to learn
- to be inspired
- to refresh your mind
- to energise your body
- to have fun
- TO WRITE

Organised retreats:

- Offer an escape from normal life
- Offer courses, feedback.
- May be expensive.

Your own retreat:

- Local bed and breakfast; meals provided?.
- Woody Island?
- The Duke?
- A tent?
- A friend's house.
- Absence of chores and domestic duties...

Courses to do during your retreat:

- Australian Writers' Centre.
- Write Your Journey.

Resources:

Turning Pages: The joys of writers' retreats.

<https://www.smh.com.au/entertainment/books/turning-pages-the-joys-of-writers-retreats-20190328-h1cwux.html>.

Institute for Writers. How to Take Your Own Writers Retreat.

<https://www.instituteforwriters.com/how-to-take-your-own-writers-retreat.aspx>

Three of the best writer's retreats in Australia.

<https://www.australiantraveller.com/australia/writers-retreats-3-novel-inspiring-accommodation-options/>.

The Rainforest Writing Retreat.

<http://www.rainforestwritingretreat.com/>.

Write Your Journey.

<https://www.writeyourjourney.com/retreats/>.

<https://www.writeyourjourney.com/retreats-annual-self-care-routine/>.

How to DIY your own writer's retreat.

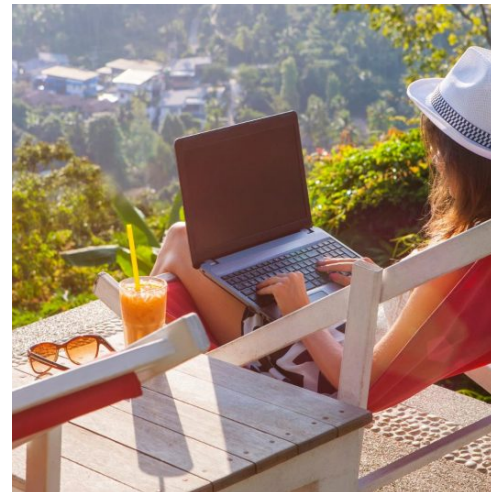
<https://www.writerscentre.com.au/blog/how-to-diy-your-own-writers-retreat/>.

Writing Retreats for Beginners.

<https://writerssherparetreats.com/writing-retreats-for-beginners/>.

Australian Writers' Centre.

<https://www.writerscentre.com.au/>.



Thank you to our core funding organisations and project sponsors